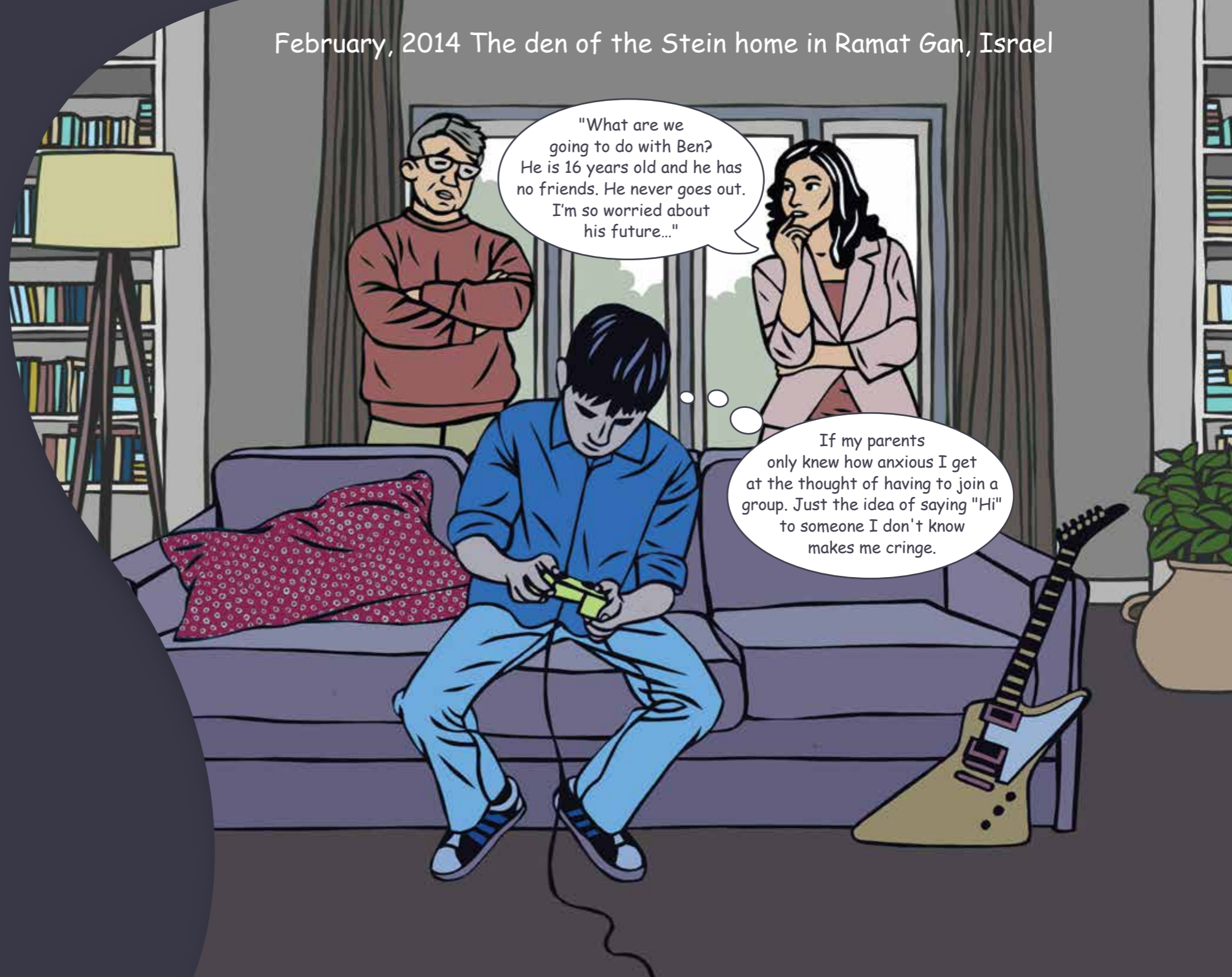




MILESTONES FOR LIFE

PAVING THE WAY FOR YOUNG ADULTS
ON THE AUTISM SPECTRUM

February, 2014 The den of the Stein home in Ramat Gan, Israel



"What are we going to do with Ben? He is 16 years old and he has no friends. He never goes out. I'm so worried about his future..."

If my parents only knew how anxious I get at the thought of having to join a group. Just the idea of saying "Hi" to someone I don't know makes me cringe.

MILESTONES FOR LIFE
PROVIDES SOLUTIONS FOR HIGHER
FUNCTIONING OLDER TEENS AND YOUNG
ADULTS ON THE AUTISM SPECTRUM SO
THEY CAN LIVE THE LIFE THEY WANT!

THE MILESTONES FOR
LIFE WOHL ATUDA
PROGRAM

TEACHES TEENS HOW TO
MAKE FRIENDS, WORK IN A
GROUP AND PLAN THEIR
FIRST INDEPENDENT STEPS
IN ADULT LIFE SUCH AS
ARMY/NATIONAL SERVICE
OR VOLUNTEERING.



"I really want to do my army service after high school, even though I'm exempt. I think I'd be really good at coding."

"That sounds cool. I'll help you check it out."

I can be myself with these guys. They totally 'get' me.



I'm so proud of Ben. First the army and now this big chance. It's a new lease on life for our son.

I can't believe I'm leaving home. This is my chance to start living my own life. I know I can do it with the support of Milestones for Life. I feel like I can do anything I set my mind to!

THE MILESTONES FOR LIFE ACADEMY (MECHINA) IS A TWO-YEAR PROGRAM THAT COACHES YOUNG ADULTS TOWARDS INDEPENDENT LIVING IN THE COMMUNITY.



"Welcome, Ben. It's great that you're here."

"I'll show you to your own apartment. You'll set up and decorate it as you please. Tomorrow, we'll help you figure out the next steps-work, school, whatever it takes."

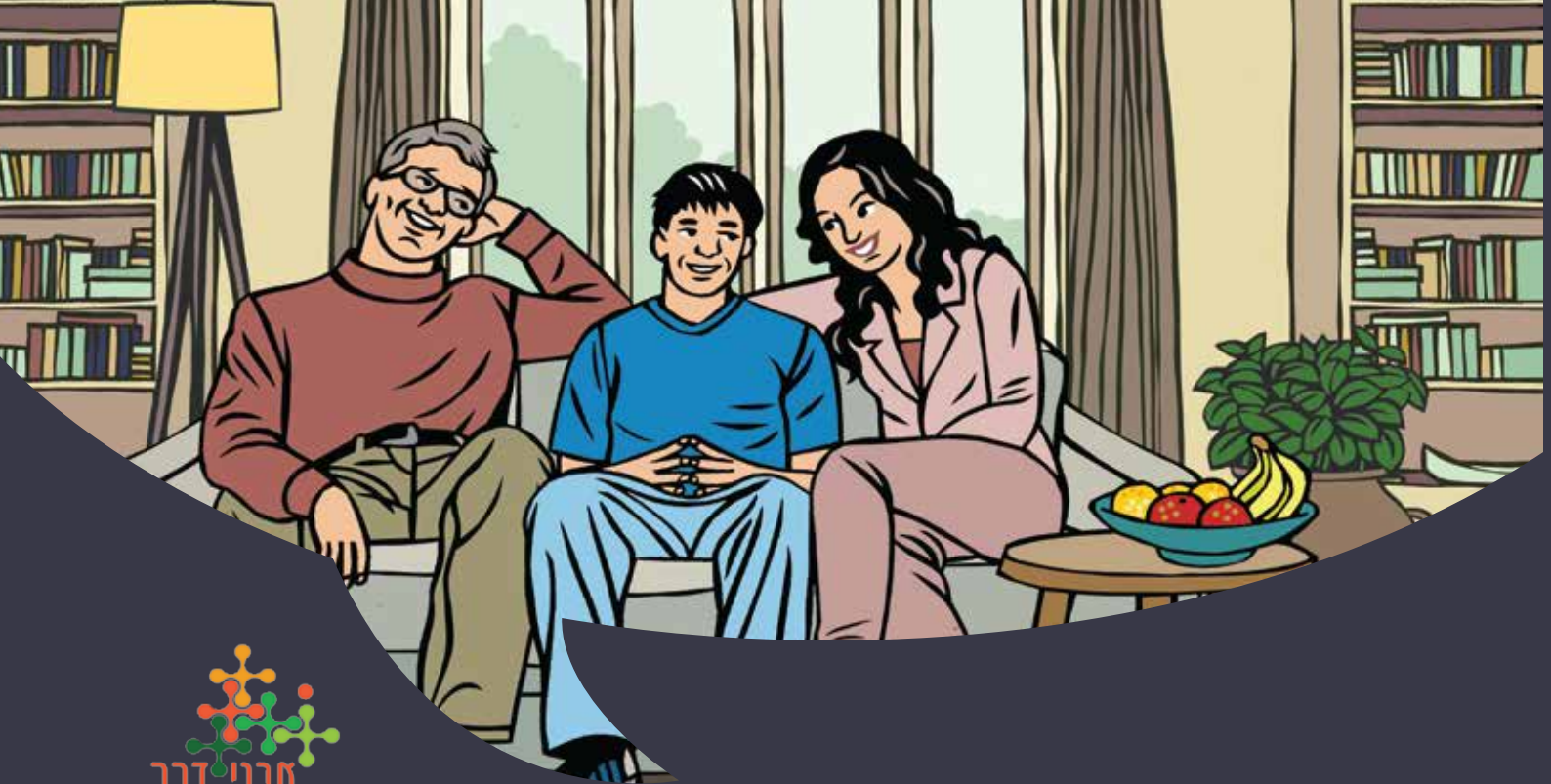


AT THE MECHINA, PROFESSIONALS MENTOR YOUNG ADULTS LIKE BEN IN MAKING MAJOR LIFE CHOICES THAT ARE RIGHT FOR THEM. SOME GO ON TO HIGHER EDUCATION, OTHERS CHOOSE TECHNICAL TRAINING IN A FIELD THAT INTERESTS THEM. MECHINA RESIDENTS LEARN ABOUT BUDGETING, NUTRITION, CAREER DEVELOPMENT, EVEN HOW TO CULTIVATE AND MAINTAIN HEALTHY RELATIONSHIPS - EVERYTHING THEY NEED TO LIVE FULFILLED LIVES!



**MILESTONES
FOR LIFE:**
EMPOWERING YOUNG
ADULTS WITH AUTISM TO
LIVE FULLER, RICHER LIVES.





HELP BEN AND HIS FRIENDS TAKE THE NEXT STEPS TO INDEPENDENT LIVING.

MILESTONES FOR LIFE-
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